








Menus subject to
change without

BREAKFAST OCTOBER 2022

Full Breakfast \$1.60
Extra Entrée \$0.75
Milk \$0.30

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2 	3 *Multigrain Cheerios kit Milk Juice Fruit Cup	4 *Cocoa Puffs Kit Milk Juice Fruit Cup	5 *Cinnamon Toast Crunch Kit Milk Juice Fruit Cup	6 *Lucky Charms Kit Milk Juice Fruit Cup	7 *Golden Graham Kit Milk Juice Fruit Cup	8 
9	10 No School Columbus Day 	11 *Apple Cinnamon Cheerios kit Milk Juice Fruit Cup	12 *Cocoa Puffs Kit Milk Juice Fruit Cup	13 *Froot Loops Kit Milk Juice Fruit Cup	14 *Cinnamon Toast Crunch Kit Milk Juice Fruit Cup	15
16	17 *Golden Graham Kit Milk Juice Fruit Cup	18 *Lucky Charms Kit Milk Juice Fruit Cup	19 *Cinnamon Toast Crunch Kit Milk Juice Fruit Cup	20 *Multigrain Cheerios kit Milk Juice Fruit Cup	21 *Cocoa Puffs Kit Milk Juice Fruit Cup	22 
23 	24 *Apple Cinnamon Cheerios kit Milk Juice Fruit Cup	25 *Froot Loops Kit Milk Juice Fruit Cup	26 *Golden Graham Kit Milk Juice Fruit Cup	27 *Lucky Charms Kit Milk Juice Fruit Cup	28 *Multigrain Cheerios kit Milk Juice Fruit Cup	29
30 	31 No School Teacher PLD					

Breakfast starts promptly at 8:00 am. and ends at 8:20 am.

Please DO NOT send students early as we do not have supervision before 8:00 am.

*All Bread Items Are Whole Grain or Multi Grain

WILLOW SPRINGS SCHOOL DISTRICT 108

OCTOBER 2022

STUDENT LUNCH MENU



Mon



Tue

Wed

Thu

Fri



<p>3</p> <p>MACARONI WEDGES</p> <p>VEGETABLE</p> <p>FRUIT</p> <p>MILK</p>	<p>4</p> <p>NACHOS WITH BEEF TOPPINGS SALSA</p> <p>VEGETABLE</p> <p>FRUIT</p> <p>MILK</p>	<p>5</p> <p>MANDARIN ORANGE CHICKEN</p> <p>RICE</p> <p>VEGETABLE</p> <p>FRUIT</p> <p>MILK</p>	<p>6</p> <p>RAVIOLI BREADSTICK</p> <p>VEGETABLE</p> <p>FRUIT</p> <p>MILK</p>	<p>7</p> <p>PIZZA QUESADILLA</p> <p>TATER TOTS</p> <p>FRUIT</p> <p>MILK</p>
<p>10</p> <p>HOLIDAY NO STUDENT ATTENDANCE</p>	<p>11</p> <p>BEEF TACO RICE SALSA</p> <p>VEGETABLE</p> <p>FRUIT</p> <p>MILK</p>	<p>12</p> <p>CHICKEN TENDERS BREAD</p> <p>VEGETABLE</p> <p>FRUIT</p> <p>MILK</p>	<p>13</p> <p>FRENCH TOAST WITH SYRUP</p> <p>TURKEY SAUSAGE</p> <p>VEGETABLE</p> <p>FRUIT</p> <p>MILK</p>	<p>14</p> <p>CHEESE PIZZA POCKET</p> <p>SWEET POTATO FRIES</p> <p>FRUIT</p> <p>MILK</p>
<p>17</p> <p>GRILLED CHEESE SALAD WITH ITALIAN DRESSING</p> <p>FRUIT</p> <p>MILK</p>	<p>18</p> <p>CHICKEN QUESADILLA SALSA</p> <p>VEGETABLE FRUIT</p> <p>MILK</p>	<p>19</p> <p>HOT DOG ON A BUN</p> <p>VEGETABLE</p> <p>FRUIT</p> <p>MILK</p>	<p>20</p> <p>CHICKEN PATTY SANDWICH</p> <p>VEGETABLE</p> <p>FRUIT</p> <p>MILK</p>	<p>21</p> <p>CHEESE PIZZA CRUNCHERS</p> <p>WAFFLE FRIES</p> <p>FRUIT</p> <p>MILK</p>
<p>24</p> <p>FRENCH TOAST WITH SYRUP</p> <p>TURKEY SAUSAGE</p> <p>VEGETABLE FRUIT</p> <p>MILK</p>	<p>25</p> <p>BEEF AND BEAN BURRITO SALSA</p> <p>VEGETABLE FRUIT</p> <p>MILK</p>	<p>26</p> <p>CHEESEBURGER</p> <p>VEGETABLE</p> <p>FRUIT</p> <p>MILK</p>	<p>27</p> <p>MACARONI AND CHEESE</p> <p>BREADSTICK</p> <p>VEGETABLE FRUIT</p> <p>MILK</p>	<p>28</p> <p>BOSCO STICK WITH MARINARA SAUCE</p> <p>VEGETABLE</p> <p>FRUIT</p> <p>MILK</p>
<p>31</p> <p>NO STUDENT ATTENDANCE</p> 	<p>ALL LUNCHES ARE SUBJECT TO CHANGE.....</p> 		<p>EACH MEAL IS SERVED WITH 1/2 CUP OF FRUIT AND 3/4 CUP OF VEGETABLES</p>	<p>ALL MENU ITEMS ARE:</p> <p>PEANUT FREE</p> <p>EGG FREE</p> <p>PORK FREE</p>