








Menus subject to
change without

BREAKFAST OCTOBER 2023

Full Breakfast FREE
Extra Entrée \$1.60
Milk \$0.30

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 	2 *Froot Loops Kit Milk Juice Fruit Cup	3 *Golden Graham Kit Milk Juice Fruit Cup	4 *Lucky Charms Kit Milk Juice Fruit Cup	5 *Cinnamon Toast Crunch Kit Milk Juice Fruit Cup	6 No School Teacher PLD	7 
8	9 No School Columbus Day Indigenous Peoples' 	10 *Golden Graham Kit Milk Juice Fruit Cup	11 *Multigrain Cheerios kit Milk Juice Fruit Cup	12 *Cinnamon Toast Crunch Kit Milk Juice Fruit Cup	13 *Cocoa Puffs Kit Milk Juice Fruit Cup	14
15	16 *Froot Loops Kit Milk Juice Fruit Cup	17 *Golden Graham Kit Milk Juice Fruit Cup	18 *Multigrain Cheerios kit Milk Juice Fruit Cup	19 *Cinnamon Toast Crunch Kit Milk Juice Fruit Cup	20 *Cocoa Puffs Kit Milk Juice Fruit Cup	21 
22 	23 *Froot Loops Kit Milk Juice Fruit Cup	24 *Golden Graham Kit Milk Juice Fruit Cup	25 *Lucky Charms Kit Milk Juice Fruit Cup	26 *Cinnamon Toast Crunch Kit Milk Juice Fruit Cup	27 *Cocoa Puffs Kit Milk Juice Fruit Cup	28
29 	30 *Froot Loops Kit Milk Juice Fruit Cup	31 *Golden Graham Kit Milk Juice Fruit Cup				


Breakfast starts promptly at 8:00 am. and ends at 8:20 am.

Please DO NOT send students early as we do not have supervision before 8:00 am.

*All Bread Items Are Whole Grain or Multi Grain



OCTOBER LUNCH MENU 2023

<p>2 <u>Cheeseburger</u> Fruit Vegetable Strawberry Milk</p>	<p>3 <u>Chicken Nuggets w/ Bread</u> Fruit Vegetable Milk</p>	<p>4 <u>Salisbury Steak with Mashed Potatoes & Corn</u> Fruit Milk</p>	<p>5 <u>Hot Dog on a Bun</u> Fruit Vegetable Milk</p>	<p>6 NO SCHOOL</p>
<p>9 NO SCHOOL Columbus Day Indigenous Peoples' Day</p>	<p>10 <u>Beef Nachos</u> Fruit Vegetable Milk</p>	<p>11 <u>Chicken Sandwich</u> Fruit Vegetable Milk</p>	<p>12 <u>Honey BBQ Wings</u> Fruit Vegetable Milk</p>	<p>13 <u>Pizza</u> Vegetable Fruit Milk</p>
<p>16 <u>Mandarin Orange Chicken</u> Fruit Vegetable Strawberry Milk</p>	<p>17 <u>French Toast w/ Turkey Sausage</u> Tater Tots Fruit Milk</p>	<p>18 <u>Meatball Sub w/ Marinara</u> Fruit Vegetable Milk</p>	<p>19 <u>Bosco Cheese Stick</u> Fruit Vegetable Milk</p>	<p>20 <u>Pizza</u> Vegetable Fruit Milk</p>
<p>23 <u>Beef & Bean Burrito</u> Fiesta Corn Fruit Strawberry Milk</p>	<p>24 <u>Chicken Sandwich</u> Fruit Vegetable Milk</p>	<p>25 <u>Grilled Cheese w/ Chicken Rice Soup</u> Fruit Milk</p>	<p>26 <u>Beef Tacos</u> Fruit Vegetable Strawberry Milk</p>	<p>27 <u>Pizza</u> Vegetable Fruit Milk</p>
<p>30 <u>Cheeseburger</u> Fruit Vegetable Milk</p>	<p>31 <u>Turkey Lunchable</u> Fruit Vegetable Milk</p>			<p>Each meal is served with ½ cup of fruit & ¼ cup of vegetables</p> <p>All Menu Items are: Peanut Free Egg Free Pork Free</p>

ALL STUDENTS EAT FREE! Students must have money in their student lunch account to order any extra entrees or milk. Lunch Deposits can be made in person, online at www.teacherease.com or on the teacherease app.

Breakfast Extra Entrée \$0.75****Breakfast Extra Milk \$0.30*** Lunch Extra Entrée \$1.40*** Lunch Milk Extra \$0.30