







Full Breakfast \$1.60  
Extra Entrée \$0.75  
Milk \$0.30

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 *Multigrain Cheerios Kit Milk Juice Fruit Cup	2 *Cocoa Puffs Kit Milk Juice Fruit Cup	3 *Cinnamon Toast Crunch Kit Milk Juice Fruit Cup	4 *Froot Loops Kit Milk Juice Fruit Cup	5
6	7 No School Parent/Teacher Conferences	8 No School Election Day	9 *Lucky Charms Kit Milk Juice Fruit Cup	10 *Multigrain Cheerios kit Milk Juice Fruit Cup	11 *Golden Graham Kit Milk Juice Fruit Cup  Veteran's Day	12 
13 	14 *Cocoa Puffs Kit Milk Juice Fruit Cup	15 *Cinnamon Toast Crunch Kit Milk Juice Fruit Cup	16 *Froot Loops Kit Milk Juice Fruit Cup	17 *Golden Graham Kit Milk Juice Fruit Cup	18 *Multigrain Cheerios kit Milk Juice Fruit Cup	19
20	21 *Lucky Charms Kit Milk Juice Fruit Cup	22 *Multigrain Cheerios kit Milk Juice Fruit Cup	23 No School Thanksgiving Break 	24 No School Thanksgiving Break	25 No School Thanksgiving Break	26
27 	28 *Froot Loops Kit Milk Juice Fruit Cup	29 *Cinnamon Toast Crunch Kit Milk Juice Fruit Cup	30 *Cocoa Puffs Kit Milk Juice Fruit Cup			
<p align="center"><b>Breakfast starts promptly at 8:00 am. and ends at 8:20 am.</b></p> <p align="center"><b>Please DO NOT send students early as we do not have supervision before 8:00 am.</b></p> <p align="center"><b>*All Bread Items Are Whole Grain or Multi Grain</b></p>						



# NOVEMBER LUNCH MENU 2023

		<b>1</b> Parent Teacher Conferences (by appt. only) No School	<b>2</b> <a href="#">Beef Nachos</a> Jicama Pink Pineapple Milk	<b>3</b> <a href="#">Pizza</a> Vegetable Banana Milk
<b>6</b> <a href="#">Cheeseburger</a> Plum Salad Milk	<b>7</b> <a href="#">Hot Dog on a Bun</a> Cupped Fruit Hot Carrots Milk	<b>8</b> <a href="#">French Toast</a> w/ <a href="#">Turkey Sausage</a> Tater Tots Apple Slices Milk	<b>9</b> <a href="#">Meatball</a> Sub w/ Marinara Celery Cantaloupe Milk	<b>10</b> <a href="#">Pizza</a> Vegetable Banana Milk
<b>13</b> <a href="#">Honey BBQ Wings</a> Cupped Fruit Salad Milk	<b>14</b> <a href="#">Chicken Fajita</a> w/ Peppers Watermelon Corn Milk	<b>15</b> <a href="#">Chicken Sandwich</a> Apple Slices Mashed Potatoes Milk	<b>16</b> <a href="#">Beef &amp; Bean</a> <a href="#">Chili</a> Carrots Honey Dew Milk	<b>17</b> <a href="#">Pizza</a> Vegetable Banana Milk
<b>20</b> Lunchable Vegetable Fruit Milk	<b>21</b> Ravioli Vegetable Fruit Milk	<b>22</b> <b>Holiday</b>	<b>23</b> <b>Holiday</b>	<b>24</b> <b>Holiday</b>
<b>27</b> <a href="#">Mandarin</a> <a href="#">Orange Chicken</a> Mixed Veggies Cupped Fruit Milk	<b>28</b> <a href="#">Beef Tacos</a> Cupped Fruit Black Beans Milk	<b>29</b> <a href="#">Cheeseburger</a> Apple Slices Salad w/ Italian Dressing Milk	<b>30</b> <a href="#">Grilled Cheese</a> w/ Chicken Rice Soup Broccoli Grapes Milk	Each meal is served with ½ cup of fruit & ¼ cup of vegetables  All Menu Items are: <b>Peanut Free</b> <b>Egg Free</b> <b>Pork Free</b>

ALL STUDENTS EAT FREE! Students must have money in their student lunch account to order any extra entrees or milk.  
 Lunch Deposits can be made in person, online at [www.teacherease.com](http://www.teacherease.com) or on the teacherease app.

Breakfast Extra Entrée \$0.75\*\*\*\*Breakfast Extra Milk \$0.30\*\*\* Lunch Extra Entrée \$1.40\*\*\* Lunch Milk Extra \$0.30